



Final Entries

CLASSIC BENCH PRESS

Name and Surname	Weight Category	Age Category	Coach
Weigh in : 07:00 to 08:30			
Lifting start: 09:00			
First flight			
S. Adams	Women - 52kg	Open (24yrs +)	None
Farzana Botha	Women - 52kg	Open (24yrs +)	None
Elisabeth Barry	Women - 52kg	Master 2 (50 - 59yrs)	Rodney
Jana Fox	Women - 63kg	Sub-Junior (18 and younger)	Ilze-Mari
Vanessa Lessing	Women - 69kg	Master 1 (40 - 49yrs)	Andre
Anika Maree	Women - 76kg	Sub-Junior (18 and younger)	Ilze-Mari
V'Leen Serge	Women - 76kg	Open (24yrs +)	Edlyn Serge
Gail Mathewson	Women - 76kg	Master 2 (50 - 59yrs)	Darryn A
Linda Rubin	Women - 76kg	Master 3 (60 - 69yrs)	None
Lize-Mari de Beer	Women - 84kg	Open (24yrs +)	Dan
Second Flight			
Samuel Meshilinie	Men - 53kg	Sub-Junior (18 and younger)	Elisabeth
Henre van der Berg	Men - 66kg	Sub-Junior (18 and younger)	Ilze-Mari
Brandon Looek	Men - 66kg	Sub-Junior (18 and younger)	Elisabeth
Ferdé Botha	Men - 66kg	Sub-Junior (18 and younger)	Ilze-Mari
Steven Coleman	Men - 66kg	Master 1 (40 - 49yrs)	None
JC Bruce	Men - 66kg	Master 3 (60 - 69yrs)	None
Alex Collocott	Men - 74kg	Sub-Junior (18 and younger)	Caneous (Cap)
Micha Naidoo	Men - 74kg	Sub-Junior (18 and younger)	Ilze-Mari
Blaine Coleman	Men - 74kg	Sub-Junior (18 and younger)	None
Juan Bezuidenhout	Men - 74kg	Junior (19 - 23yrs)	Elisabeth
Yaniv Lacob	Men - 74kg	Master 2 (50 - 59yrs)	None
Steven Vosloo	Men - 83kg	Junior (19 - 23yrs)	Elisabeth
Ricardo Fitzpatrick	Men - 83kg	Master 1 (40 - 49yrs)	Andre
Shazly Savahl	Men - 83kg	Master 2 (50 - 59yrs)	None
Dan Oppenheim	Men - 83kg	Master 4 (70yrs +)	Henk
Peter Bester	Men - 83kg	Sub-Junior (18 and younger)	None
Jhanco Viljoen	Men - 93kg	Sub-Junior (18 and younger)	None
Maahir Martin	Men - 93 kg	Open (24yrs +)	None
Nicholas Duarte	Men - 93 kg	Open (24yrs +)	None
David Jacobsz	Men - 93kg	Master 1 (40 - 49yrs)	None
Third flight			
Arne Botes	Men - 105kg	Sub-Junior (18 and younger)	Chantelle
Fabio Yslie	Men - 105kg	Open (24yrs +)	Andre
Edlyn Serge	Men - 105kg	Open (24yrs +)	V'Leen Serge
Nicholas Ingel	Men - 105kg	Master 2 (50 - 59yrs)	None
Hermanus de Beer	Men - 120kg	Master 2 (50 - 59yrs)	Dan
Craig Masson	Men - 120kg	Open (24yrs +)	None
Haroun Pietersen	Men - 120kg	Open (24yrs +)	None
Craig Masson	Men - 120kg	Master 1 (40 - 49yrs)	None
Stefan Schröder	Men - 120kg +	Open (24yrs +)	Rodney
Jared Leask	Men - 120kg +	Open (24yrs +)	Henk
John Crain	Men - 120kg +	Open (24yrs +)	Henk
Pieter Bester	Men - 120kg +	Open (24yrs +)	None
Bryce Sillitoe	Men - 120kg +	Junior (19 - 23yrs)	Chantelle
David Kerr	Men - 120kg +	Master 1 (40 - 49yrs)	John C
Werner Koekemoer	Men - 120kg +	Master 1 (40 - 49yrs)	Henk
Simon Breetzke	Men - 120kg +	Master 1 (40 - 49yrs)	Rodney

